



**DIVISION MEMORANDUM**

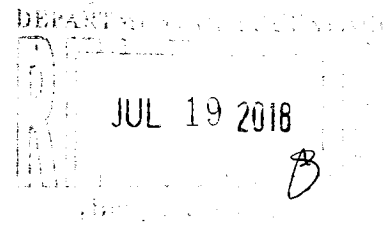
No. 164s. 2018

To: Schools District Supervisors, Coordinating Principals  
Heads, Public Secondary Schools  
School/District Nurses  
School Health Section Personnel  
All SDO Employees

From: **MARIE CAROLYN B. VERANO, CESO VI**  
Schools Division Superintendent

Subject: **SCHEDULE OF ACTIVITIES FOR SDO AND DIVISION NUTRITION  
MONTH COMPETITION 2018**

Date: July 11, 2018



1. As transpired in memorandum no. 148 s. 2018, Celebration of Nutrition Month 2018 with the theme “**Ugaliing magtanim, sapat na nutrisyon aanihin!**” and in partnership with Provincial Nutrition Council - Benguet, please be guided with the following schedules for the Division level and SDO competition:

**Division Level**

**Venue: Provincial Capitol**

**Elementary:** Fruits and Vegetable Display Contest

Each district should submit at least 1 entry (1Learner and coach/teacher).

*Note: Foods and livestock exhibits are open to the public for sale after the competition*

**Date of competition:** October 31, 2018 (8am-5pm)

**Secondary Junior High School:** Culinary Challenge High School Cooking Competition

Each district should submit 1 entry (1Cook/Learner&1Coach/Teacher)

**Date of competition:** August 16, 2018 (8am-12noon)

**Senior High School:** Nutri - Quiz

Every District is required to send a participant (Senior High School) and a TLE teacher as a coach

**Date of competition:** August 16, 2018 (8am-12noon)

**SDO Competition:**

Division Office Cooking Contest: August 31, 2018 (Culminating Program)

Adopt a GARDEN Program (Natengan shi Baengan): July 16 (Launching Ceremony) - November 2018

2. Submission of entries will be July 16 - 31, 2018
3. Please see enclosed for the mechanics and criteria of the competition.
4. Travelling funds shall be charged to local funds subject to usual accounting and auditing rules and regulations.
5. Immediate dissemination to all concerned is desired.



Enclosure to memorandum no. \_\_\_ s. 2018

### Mechanics and Criteria for Judging

#### **Elementary: Fruits and Vegetable Display Contest**

Each district should submit at least 1 entry (1Learner and coach/teacher).

*Note: Foods and livestock exhibits are open to the public for sale after the competition*

Participants' Exhibits must have the proper number of fruits or vegetables to be accepted; an insufficient number of specimens will disqualify or downgrade the entry. Exhibits must convey to its audience the message of this year's Nutrition Month Celebration theme, "Ugaliing magtanim, sapat na nutrisyon aanihin!"

Criteria of judging are as follows:

- A. Marketable Size/ Trueness to Type or Shape/ Maturity or Stage of Development: (Issues of QUALITY) 30%
- B. Freshness/ Cleanliness/ Trimming: (CONDITION) 30%
- C. Insects and Diseases/ Mechanical Injury/ Transportation: (Freedom from INJURY) 20 %
- D. Size/ Shape/ Color/ Maturity/ Type: (UNIFORMITY) 20%

#### **Secondary Junior High School: Culinary Challenge High School Cooking Competition**

Each district should submit 1 entry (1Cook/Learner&1Coach/Teacher)

Judging of Cooking Contest for Secondary Schools and SDO

- Participants shall prepare a meal soup, main dish or dessert highlighting any local organic/Natural vegetable as the main ingredient. Main ingredient shall be harvested from the **Gulayan sa Paaralan** of the school represented. Additional P500 to the prize shall be used for payment of purchase of additional ingredients and participants shall be responsible of liquidating the said amount.

-The use of artificial seasoning to taste is strictly prohibited.

-Participants are expected to bring their own cooking utensils including pots and plates.

-Proper Cooking attire and sanitation shall be observed during the contest proper.

-The recipe should be based on the following criteria:

- a. Utilization of main ingredient 30%
- b. Nutritive Value 25%
- c. Flavor and Palatability 20%
- d. Preparation 10%
- e. Appearance and presentation 15%

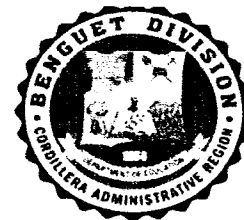
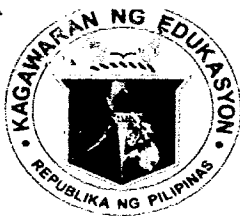
#### **Senior High School: Nutri -- Quiz**

Every District is required to send a participant (Senior High School) and a TLE teacher as a coach

All participants should bring 1/1.5 white board and a marker for their answers.

There will be 5 questions for easy and average rounds and 3 questions for difficult and clincher.

Easy questions will have 3 choices, average will have 4 choices, difficult and clincher will have no choice. The point system are as follows:



Easy – 2 points – 5 seconds to answer  
Average – 5 points – 5 seconds to answer  
Difficult – 10 points – 10 seconds to answer  
Clincher – 10 points – 10 seconds to answer

The quiz master will read the question twice and when he gives the signal 'GO' the participants will write their answers on the white board and the timer will mention 'STOP', The participants will stop writing and will raise their board for checking. *Wrong spelling is wrong!*  
The participants' scores will be ranked accordingly (rank 1,2,3) and will be declared as winners. All participants will receive Certificate of Participation

### **SDO Competition:**

#### **Division Office Cooking Contest: August 31, 2018 (Culminating Program)**

The contest is open to interested Division Office Employees. Each Group should have 1 entry consisting of 2 representatives. List of Names of participants per group should be submitted to the Health and Nutrition Section on or before August 20, 2018.

Groups:

- 1 Records, Personnel, Supply
- 2 Accounting, Budget and Cash
- 3 Office of the SDS, Admin, Drivers, Utility
- 4 Office of the ASDS, Planning and Research
- 5 CID (Chief, EPS, PSDS, LRM, ALS)
- 6 SGOD (Chief, SocMob, PDOs, M&E, DRRM, HRD)

(Please see box no. 2 for the mechanics and criteria)

\*Health and Nutrition Section- Technical Working Committee

#### **Adopt a GARDEN Program (Natengan shi Baengan): July 16 (Launching Ceremony) – November 2018**

- *Each group will be assigned a space/plot of ground for cultivation of Herbs, Fruits, flowers or vegetables and other ornaments.*

- Groups:

- 1 Records, Personnel, Supply
- 2 Accounting, Budget and Cash
- 3 Admin, Drivers, Utility
- 4 Office of the ASDS, Planning and Research
- 5 CID (Chief, EPS, PSDS, LRM, ALS)
- 6 SGOD (Chief, SocMob, PDOs, M&E, DRRM, HRD, SHS)
7. Office of the SDS

Projects will be judged on the following system:

Workmanship----- 30 pts  
Design & Materials used-----20 pts  
Practicality-----20 pts  
Degree of Difficulty-----10 pts  
General Appearance and Finish-----10 pts  
Documentation & Presentation-----10 pts